



Entrees Menu

Most menu items require a minimum of 5 servings

Breast of Chicken Marsala 6.50

Strips of Chicken Marsala 6.70

Strips of chicken, mushrooms and garlic in a Marsala wine sauce served with basmati rice.

Breast of Hazelnut Chicken 6.95

Strips of Hazelnut Chicken 6.50

Chicken strips, pistachios and apricots, finished in a hazelnut infused cream sauce, with orzo.

Grilled Lemon Sherry Chicken 4.95

A tangy lemon sherry sauce tops this soy marinated sliced chicken breast. Served with oriental pilaf.

Chicken Francais 6.35

A breast of chicken coated with a parmesan egg batter and finished with a lemon wine sauce.

Breast of Chicken Piccata 6.35

Strips of Chicken Piccata 6.20

Strips of chicken accented by a lemon wine sauce and served with orzo.

Chicken Breast Monterey 6.50

A breast of chicken highlighted by tomato and scallions and topped with Monterey Jack cheese.

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

Italian Breaded Chicken Breast (6 oz.) 5.95

A breast of chicken breaded in Italian style bread crumbs and cooked to a golden brown.

Cranberry Chicken 5.25

Strips of chicken highlighted by a cranberry brown sugar sauce, served with orzo.

Cobb Chicken Saute with Penne Pasta 4.95

Strips of sautéed chicken, crumbled bacon, turkey and blue cheese highlight this creamy pasta dish.

Grilled Chicken with Spiced Pineapple 7.00

Grilled chicken topped with spicy grilled pineapple and served with pan fried noodles.

Chicken in a Basil Cream Sauce 6.75

Strips of sautéed chicken, sun dried tomatoes and olives, finished on a basil cream sauce.

Served with your choice of orzo or penne pasta.

Grilled Breast of Chicken (only) 4.50

With Buns & Condiments 6.35

Sauce choices: Honey Mustard, BBQ or Teriyaki.

Chicken Chablis 6.20

Apricots and toasted almonds, with an herb infused wine sauce, served with basmati rice.

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

Grilled Chicken Breast & Vegetables 8.00

A full breast of chicken with red and yellow peppers, onions, zucchini, yellow squash and eggplant, marinated in an herb infused olive oil. Served with white or brown rice.

Chicken Saltimbocca with Spaetzels 6.50

Strips of chicken, spaetzels, prosciutto ham, red pepper and Fontina cheese. Finished with a white wine sauce.

Montreal Grilled Chicken 4.75

Spice rubbed, sliced, chicken breast grilled and topped with a roasted garlic cream. Served with steamed broccoli.

Chicken Stroganoff 5.95

With mushrooms, onions and egg noodles.

PORK & BEEF

Steak David with Buttered Spaetzles 7.25

Beef medallions, onion, garlic, tomato.

Ginger Bourbon Pork Tenderloin 8.10

*Grilled pork tenderloin marinated with ginger bourbon.
Served at room temperature.*

Grilled Flank Steak & Vegetables 9.25

*Garden fresh vegetables marinated in an herb infused olive oil.
Served with white or brown rice.*

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

Sliced Roast Beef with Mashed Potatoes & Gravy 9.20

Mustard Encrusted Beef Tenderloin- - (Market Price)

*Rubbed with stone ground mustard and
slow roasted to medium rare.*

Served at room temperature, accompanied by horseradish sauce.

Steak Diane with Buttered Noodles 7.20

*Beef medallions, cream, brandy, mushrooms, onions,
and Worcester sauce.*

Grilled Steak Au Poivre 7.55

*Pepper rubbed and topped with a honey soy sauce.
Served with Parmesan redskins.*

Sliced Roast Beef Au Jus 7.25

Beef Stroganoff 8.25

With mushrooms, onions and egg noodles.

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

SEAFOOD

Filet of Salmon 15.00

*Parmesan and cracked pepper encrusted.
Topped with a lemon butter wine sauce.*

Tortilla Crusted Tilapia 8.25

*Filet of fresh water fish seasoned with tortilla crumbs and served
with lemon rice.*

Potato and Cheese Crusted Cod 8.75

Served with lemon rice.

STIR FRY

Chicken Stir Fry 6.00

*A bountiful dish with strips of chicken, fresh cut vegetables in a light
teriyaki sauce. Served with white or brown rice.*

Vegetable Stir Fry 4.70

*Replace the chicken with fresh sliced mushrooms.
Served with white or brown rice.*

Beef Stir Fry 7.25

*This stir fry includes fresh broccoli, celery,
yellow squash red & green peppers, and snow peas
Served with white or brown rice.*

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

Shrimp Stir Fry 7.25

*This stir fry includes fresh broccoli, celery, yellow squash red & green peppers, and snow peas
Served with white or brown rice.*

Five Spice Pork Stir Fry with Pan Fried Noodles 6.55

Pan fried noodles, sesame glazed pork, peppers and celery.

~ ENTRÉES (By the Pan) ~

Each pan serves approximately 8-10 people

Traditional Lasagna 33.95

Gourmet Vegetable Lasagna 33.95

Chicken & Spinach Lasagna 39.95

*Our twist on the traditional.
Spinach, red pepper strips with a hint of Jarlsberg
in a velouté blanc sauce.*

Fresh Tomato Basil Lasagna 46.50

Goat Cheese and Vegetable Lasagna 43.25

Chicken Parmesan 38.95

Stuffed Eggplant Parmesan 35.95

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

~ PASTA ENTRÉES ~

Penne Pasta with Marinara 4.50

Includes Parmesan Cheese.

*With Meatballs **add 1.50***

Strips of Chicken & Spinach Fettuccini 6.35

Vegetable & Spinach Fettuccini 5.10

A tarragon infused cream sauce tops this dish made with spinach fettuccini, mushrooms, tomatoes and walnuts.

Cajun Chicken Linguini 6.35

Strips of chicken coated in a Cajun flour, sautéed, and tossed with linguini and finished with a cream sauce.

Cajun Vegetable Linguini 4.95

Mexican Chicken Alfredo 5.95

Strips of chicken tossed with red peppers, scallions, mushrooms, linguini and Alfredo sauce.

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060

Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

Pasta Sauce Raphael 6.95

Cheese filled tortellini topped with a flavorful artichoke and tomato sauce.

Ravioli with a Fresh Vegetable Sauté 5.50

Ravioli tossed with red peppers, red onion and asparagus. Sautéed with olive oil and garlic.

Shrimp & Linguini Carbonara 9.00

Traditional pasta dish with shrimp, bacon, green peas in an Alfredo style sauce.

Spicy Penne Pasta 5.50

This simple and unique dish is highlighted by fresh spinach, basil and sun dried tomatoes.

Pierogi & Chicken Ranchero 5.95

Layers of chicken, pierogies & sliced bell peppers topped with a buttery ranch sauce.

Papparedelle Pasta w/ Sun Dried Tomatoes & Feta 5.75

Thick strips of pasta topped with a Romano cream sauce.

Potato and Cheese Pierogies and Sautéed Onions 4.25

Potato & cheese pockets topped with caramelized onions.

Cheddar Jack, Cheese Mac 3.25

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

Pierogi Ranchero 4.75
(Vegetarian)

SPECIALTY BARS

Baked Potato Bar 5.75

*Russet potatoes served with a variety of 10 toppers.
Our toppers include: broccoli, ham, bacon bits, olives, cheddar
cheese, scallions, picante, ranch, sour cream & butter.
Add chili as a topper 1.35*

Sweet Potato Bar 5.75

*Our toppers include: Cinnamon Honey Butter, Cinnamon Almonds,
Pineapple Salsa, Sliced Canned Apples, Bacon Bits, Sliced Green
Onions, Picante Sauce, Sour Cream, Toasted Dried Sweet Coconut,
Whipped Butter Cups*

Fajita Meals

*All fajita meals are served with peppers and onions, Mexican rice,
black beans, sour cream, cheddar cheese,
picanté and flour tortilla wraps.*

Chicken Fajitas 8.70 Beef Fajitas 9.65
Vegetable Fajitas 7.40 Shrimp Fajitas 10.65

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801



Entrees Menu

CREATE YOUR OWN PASTA...

Prices will vary by selection

Using the following pastas:

Penne, Linguini or Wheat Penne

Sauces:

Marinara, Alfredo, Pesto, Meat Sauce

Options:

Mini Meatballs (1.5 oz)

Italian Sausage pieces (2 oz)

Pricing, as the need arises, may be changed without notice.

Food for Thought Caterers

7574 St. Clair Avenue Mentor, OH 44060
Phone: 440-946-0383 Fax: 440-946-8801