

LENTEN SPECIALS 2010



BREAKFAST

Tuscan Breakfast Strata - \$22.50 (Serves 8-10)

Wheatberry bread, sun-dried tomatoes, fresh basil and fresh mozzarella cheese baked with an egg custard.

Assorted Quiche - \$14.25 (Serves 6-8)

Our classic egg custard with your choice of Crab, Spinach, or Mushroom filling.

SOUP

(Sold by the gallon. Serves 10-15. Includes crackers, bowls, spoons & ladle)

New England Clam Chowder - \$40.50

Garden Vegetable Soup - \$32.75

ENTRÉE SALAD

Nicoise Salad with Tuna - \$5.00 **Nicoise Salad with Salmon - \$8.35**

Your choice highlighted by potatoes, eggs, tomatoes, and artichokes.

Blackened Salmon Caesar Salad - \$6.25

Spicy blackened salmon, romaine lettuce, and Parmesan croutons.

California Salad - \$4.25

Mixed greens, fruit, feta, sunflower seeds and granola topped with our prickly pear dressing.

HOT ENTRÉES

Slow Roasted Salmon Filet - \$9.40

Basted with a sundried tomato mixture and served with grilled vegetables.

Tortilla Crusted Tilapia - \$7.95

Filet of fresh water fish topped with seasoned tortilla crumbs and served with lemon rice.

Parmesan Crusted Talapia - \$8.35

Flakey tilapia filet drizzled with extra virgin olive oil. Lemon wedges on the side.

As an accompaniment - Steamed Veggie Medley - \$2.10

Vegetable and Spinach Fettuccini - \$4.75

Spinach fettuccini, garden fresh veggies, in a tarragon cream sauce with walnuts.

Cajun Vegetable Linguini - \$4.75

Garden fresh veggies tossed with linguini in a Cajun cream sauce.

Pierogi Ranchero - \$4.50

Pierogies and colored peppers in a ranch butter sauce.

Stuffed Eggplant in a Fresh Tomato Sauce - \$34.95 (Serves 8-10)

Roulades of eggplant stuffed with a ricotta cheese mix topped with sauce and cheese.

Gourmet Vegetable Lasagna - \$32.25 pan

Highlighted with layers of spinach and mushrooms.

Goat Cheese and Vegetable Lasagna - \$41.95 (Serves 8-10)

Eggplant, peppers, mushrooms, fresh basil and tomato with béchamel sauce.

Cheddar Jack, Cheese Mac - \$3.10

The classic American comfort food.

Smoked Gouda Macaroni and Cheese - \$3.70

A twist on the classic.